## **CHECK YOUR POSTURE**



## August 2024

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

We get adjusted routinely before, during, and after all stressful situations and we weather the storm.

It is time everyone gets to experience routine Chiropractic care.

Help us spread the word by quickly recommending us on Facebook and Google!

## #LiveProperProud

Healing is an inside job	Additional member hours available on the Scheduling App	Face	Like us on cebook	1 7:30p-1:30p	7:30a-12:00p 3:30p-6:00p	9:30a-11:00a
Over 120 muscles attach to the spine	5	9:30a-11:00a	7:30a-12:00p 3:30p-6:00p	8 7:30p-1:30p	9 7:30a-12:00p 3:30p-6:00p	10
The average length of an adult vertebral column is 28 inches	Victory Day!	9:30a-11:00a	14 7:30a-1:30p	7:30a-12:00p 3:30p-6:00p	16 7:30a-12:00p 3:30p-6:00p	17 TBD
We get sick because of something inside going wrong!	19	20 TBD	21 7:30a-12:00p 3:30p-6:00p	7:30p-1:30p	23 7:30a-12:00p 3:30p-6:00p	24
We get well because of something inside going right!	26	27	28 7:30a-12:00p 3:30p-6:00p	29 7:30p-1:30p	30 7:30a-12:00p 3:30p-6:00p	31 9:30a-11:00a



## "Nature needs no help, just no interference."

Dr. Luke is not only a great chiropractor but has a wealth of knowledge about maintaining a healthy body with the benefits of chiropractic care. I highly recommend Dr. Luke, as my experiences have been very positive with great results.

-Bob M.